

# YEAR IN REVIEW 2022



#### **OUR MISSION**

Blue Tree Project's mission is to help spark difficult conversations and encourage people to speak up when battling mental health concerns.

By spreading the paint and spreading the message 'it's ok to not be ok', we can help break down the stigma that's still largely attached to mental health.

#### **CEO MESSAGE**

The year of 2022 will be remembered as our year of significant growth and recognition. We have now reached a point in Western Australia that sees us as a well recognised organisation in the mental health space. I'm excited to increase this footprint to a national level and think we are already well on our way to doing that.

It was an honour to be named the 2022 Young Australian of the Year for WA and I am grateful for the platform to further expand the project. It's rewarding to have my hard work recognised but even greater to see the impact we have had on the hundreds of communities so far.

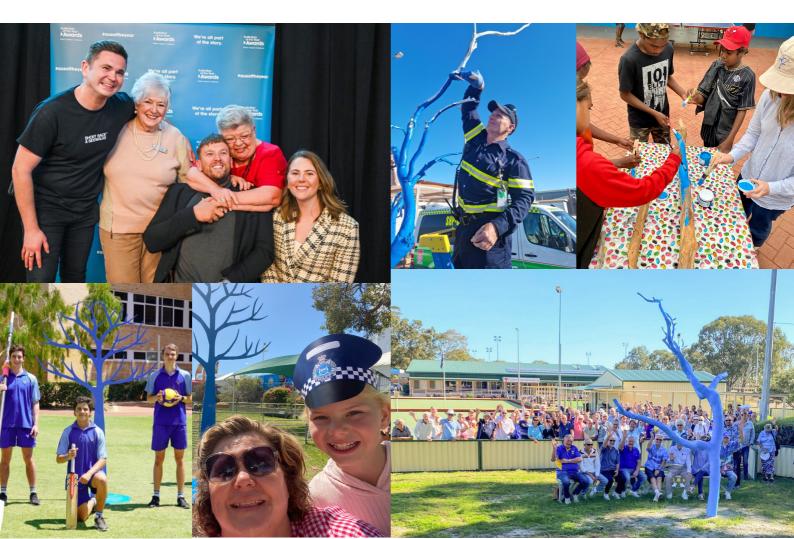
I look forward to taking on the many opportunities that have come forward and seeing what we can achieve in 2023.

Kendall Whyte - Founder & CEO



### **IMPACT & STORIES**

- 66 I actually feel so comforted and less alone everytime I see a blue tree. The trees mean so much to me and have had such a big impact on me and i'm sure so many others. They are always a reminder that no matter how you feel, you are never alone and there is someone who loves and cares about you and what you're going through.
  - Anonymous
- Your initiative to create BTP is incredible. Not only has this project made our family car trips more fun as we try locate as many blue trees as possible, we have used this as way to educate our family on mental health. - Liam
- 66 A middle-aged man called Victoria. SuicideLine As he described it, he had been waiting for more than 20 years to make the call. During the call, he spoke about the Blue Tree Project and described it as a community initiative to help the rural community recognise when they need help and to support other locally after each bereavement from suicide. -Suicide Line Victoria



### **KEY FIGURES & RESULTS**

Figures below reflect a range of areas for the year 2022

200+ TREES PAINTED 12 THIS YEAR REGIONAL COMMUNITIES VISITED 13 COMMUNITY GROUPS \$331,000 INVOLVED DONATIONS RECEIVED (INCLUDES 32 FUNDRAISING) **KEY SPEAKING EVENTS** 8,192 INSTAGRAM 900 FOLLOWERS TREES PAINTED TO DATE GLOBALLY & **REGISTERED WITH** BTP 10,000 PEOPLE AT KEY SPEAKING EVENTS OVER 17,237 THE YEAR FACEBOOK FOLLOWERS

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2022 BTP EVENTS

• Larger scale events displayed only

JAN	Rod Hasson Golf Day
FEB	
MAR	A Night Under The Stars
APR	
MAY	Broome Women's Leadership Forum
	Williams Leadership
	Manea School Mural Talk
	YLead Student Conference
JUN	WA Day Festival
	Auspire Chevron Trip
	UWA Student Forum
JUL	Blue Tree Football Round
	Mellenbye Hoedowns For Country Towns
	Auspire Chevron Trip 2
AUG	BB300 Bunker Bay Gala
	Dowerin Field Days
SEPT	WAAPA Conference
	Havin' A Yarn
	Kalgoorlie School Mural Talk
OCT	Raising The Vibe Festival
NOV	Karara Mine Visit
	Corporate Boxing Event
	Striker Fundraising Event
	ERGT Breakfast Talk
	MERC – Mining Emergency Response
DEC	Competition
	Chevron – Barrow IslandVisit



### KEY EVENTS BREAKDOWN

### NUFARM GOLF DAY

The Rod Hasson Memorial Golf Day was held at Vines Golf Course in the Swan Valley thanks to Nufarm. This day sees 90 players from a range of Agricultural companies coming together to play in their eye catching outfits. The playing day end with a dinner, presentation & auction.

> 72 PLAYERS ATTENDED

\$28,590 RAISED THROUGH EVENT





#### **CWFL - BTP ROUND**

The country spirit was alive at the football rounds in Mukinbudin, Kalannie & Trayning during the winter sport rounds. All clubs went the extra mile to help raise mental health awareness in the community and make us feel welcome. We also had some tree painting activities which was a great opportunity to speak with the kids.

2000+ PEOPLE REACHED ACROSS ALL GAMES





### **A NIGHT UNDER THE STARS**

'A Night Under The Stars' united our regional areas raising vital funds for 6 mental health organisations that will help our country communities directly.

The night was a great success despite COVID concerns, with many attendees providing glowing feedback of the event.

Suicide is the leading cause of death in Australian's aged 14 – 45, with those in regional areas being twice more likely to take their own life, therefor making it particularly close to our hearts.



\$40,000

WAS RAISED IN TOTAL FOR REGIONAL MENTAL HEALTH IN WA

PATRONS TRAVELLED FROM UP TO

570KM TO ATTEND THE EVENT WE HAD **500** PATRONS ATTEND THE EVENT

22 SPONSORS ENABLED THE EVENT 5 REGIONAL MENTAL HEALTH CHARITIES BENEFITED FROM THE EVENT PROCEEDS

\$38,700

IN-KIND DONATIONS BY SUPPORTING BUSINESSES





### SCHOOL MURAL PROJECT

Encouraging the conversation of mental wellbeing at school through the power of art. This project is in partnership with Higgins Coatings who generously contributed the equipment needed to create conversation starters in 4 schools across Western Australia. Kendall Whyte, CEO of Blue Tree Project also visited the schools to share more on the project and ways to keep mentally healthy.

Looking into next year - Higgins have come on board again for 2023. With plans to expand nationally, we will be spreading the paint and our message right across the country. Timing this with a national regional roadshow, Blue Tree Project will initiate another four school murals in Queensland, New South Wales and Victoria.



**1,622** KM'S TRAVELLED

32 SCHOOL APPLICANTS 4 MURALS PAINTED **1000+** STUDENTS REACHED THROUGH THE MURAL COMPETITION



### **HOEDOWNS FOR COUNTRY TOWNS**

Claire Harris and Kate Strong, hit the road and drove in excess of 30,000km around Australia from March to November 2022, teaching line dancing to anyone, anywhere and raised money for rural charities along the way.

Hundreds of people descended on Mellenbye Station for a day of tree painting and a night of line dancing. People from the Yalgoo region and beyond all came together to raise funds for Claire and Kate from Hoedowns for Country Towns and Blue Tree Project.

RAISED

\$9,300 100+ PEOPLE ATTENDED TREE PAINTING SESSIONS



#### **DOWERIN FIELD DAYS**

The Dowerin Field Days is always a successful event for the project. We love getting back into the country where we have made some close connections. We took part in the school trail and saw many students come through to help re-paint the tree and leave their hand prints

The field days saw 25,000+ people through the gates over the 2 days.



### HAVIN' A YARN

A long table workshop designed to inspire and empower those with the skills to save a life. The event included inspirational key speakers and a workshop where individuals learned how to spot the crucial signs of mental illness and offer first aid to someone who is dealing with a mental health problem or crisis.

Our key speakers were: Soa Palelei – A former UFC fighter who is now known for his work in the mental health after retiring from a successful career in the Octagon.

Craig Hollywood - Founder of the volunteer-led for purpose organisation Short Back & Sidewalks, a group that provides positive connections and breaks the stigma attached to vulnerable members of the community, one free haircut at a time.

Ben Broadbridge – Founder of 'Beyond All Bounds', an organisation focused on delivering the Mental Health First Aid course to the greater community.

This event was made possible through the funding from MERC 2021.

PEOPLE REACHED DURING KALGOORLIE STAY

### 80+

PEOPLE ATTENDED HAVIN' A YARN EVENT MEDIA APPERANCES

**13** PEOPLE SIGNED UP FOR MENTAL HEALTH FIRST AID COURSE



### **RAISING THE VIBE FESTIVAL**

'Raising The Vibe' is a music and wellbeing festival with the mission of delivering mental health services and information to youth differently.

Music acts, a wellbeing hub and support group activations allowed education of local support services and programs. The South West Region has experienced a large number of youth suicides recently and therefore is particularly relevant.

The festival capped off Mental Health Week and was held at the Busselton Foreshore Amphitheatre.

### 5,000+

PEOPLE ATTENDED THROUGHOUT THE DAY

### \$30,000

WAS RAISED FOR THE NEW SAFE SPACE FACILITY IN BUSSELTON

### 6

MENTAL HEALTH ORGANISATIONS WERE COLLABORATED WITH







. DEATH BY DENIM . PRETTY UGLYS . SOUTH SUMMIT . POT PLANT HOUSE PARTY .

### **CORPORATE BOXING EVENT**

Corporate Boxing Event is an opportunity for business executives to be involved in an exciting boxing match. They showcased their mental strength and newly attained boxing skills against professional athletes — taking them out of their comfort zone and raising money for their chosen charity.

The event aims to bring different industries to battle and mobilise efforts to support mental health awareness. CBE and Face Your Fears work together to help reduce the stigma associated with mental illness by promoting helpseeking behaviours and emotional support.

Soa Palelei and his team at Strong Minds, Strong Mines have agreed to keep Blue Tree Project as their charity partner for the Corporate Boxing Event for the next 3 years.





\$41,500 RAISED THROUGH EVENT

### 500+

PEOPLE WERE ADDRESSED AT THE EVENT

## **3 YEAR**

PARTNERSHIP FORMED





### MINING EMERGENCY RESPONSE COMPETITION

This was the third year that BTP has been the charity partner of MERC. This 2 day event held at Langley Park in November sees emergency services personnel from various mining companies compete in several scenarios.

This year we created a 'Wellbeing Hub' that acted as a space for kids to have fun and their parents to have a break. It was filled with music, fun installations and plenty of painting activities. Our goal was to create an inviting area to spark conversations around mental health.

### 720

AUDIENCE AT AWARDS SPEECH 5,000+

PEOPLE ATTENDED THE COMPETITION

### \$127,000

RAISED AT THE AWARDS BALL

66

I just wanted to say a big thank you for all of the hard work and effort you put into making the event another great success. We really love having you involved and are excited to see where this years contribution will take you. - Jen Pearce



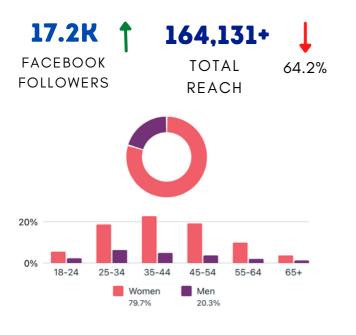
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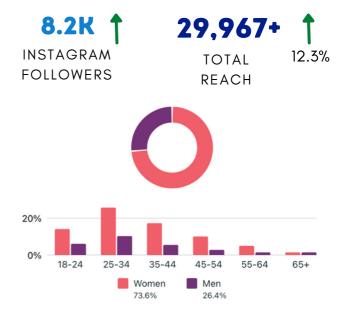
### **ONLINE IMPACT**

Figures below reflect a range of areas for the year 2022.

#### FACEBOOK

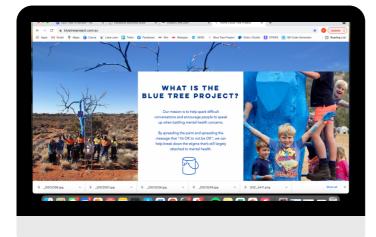
**INSTAGRAM** 





WEBSITE







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### MEDIA COVERAGE

### 12

NEWS ARTICLES

### 4

#### RADIO INTERVIEWS





### Kalgoorlie Miner

Kalgoorlie Miner | Regional WA Goldfields residents 'have a yarn' with inspirational speakers to spark conversations on mental health

Carwyn Monck | Kalgoorlie Miner Thu, 15 September 2022 2:00AM

Carwyn Monck



#### The Mest Australian

Cricketer Mitchell Johnson will face former UFC star Soa









Tree Project founder and chief executive Kendall Whyte spoke to student leaders at orlie-Boulder Community High School on Wednesday to share her personal story and wer students to spark conversations surrounding mental health.

#### 14. Starting Grassroots Global Movements Around Mental Health

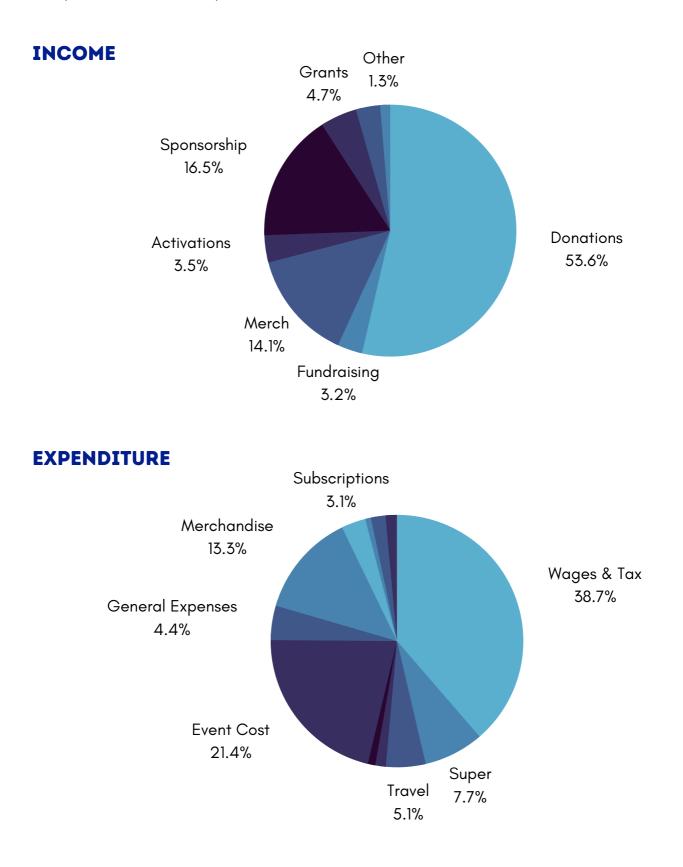
With a strong community always willing to do the right thing, Western Australia is the perfect place to start a grassroots global movement. Such is the case with Western Australian of the Year BHP Youth Award winner, Kendall Whyte, who launched a powerful movement building awareness around mental health in young men via the <u>Blue Tree</u> <u>Project</u>. Following the loss of her brother Jayden to suicide in 2018, Whyte worked with her brother's friend Simon to build the project, which now sees over 600 striking blue trees listed as far and wide as Australia, New Zealand, Europe, the US and the UK – a truly global movement sparking important conversations, born out of Perth.

Kendall Whyte - 2021 BHP Youth Av



### **INCOME SOURCES & EXPENDITURE**

Fundraising income is based on external activities such as raffles, competitions and other private initiatives.





#### PARTNERS, SPONSORS & SUPPORTERS



### EXCITING TIMES AHEAD - 2023

#### **BTP PREMISES**

We are on the hunt to put our roots down somewhere and expand our offerings and capabilities.

#### **CURTIN X ROCKY BAY STUDY**

Curtin University (<u>Enable Institute</u>) would like to have an honours study done to measure the impact of BTP.

#### **GOOD ARTS GOOD MENTAL HEALTH**

Further development of GAGMH project through UWA. This will be a public health campaign that encourages engagement in recreational arts for mental wellbeing.

### NATIONAL TRUST NOMINATION

Blue Tree Project is likely to be recognised as a thing of cultural heritage significance as it has been recognised worthy of recording or preserving for future generations.

#### **EASTERN STATES TRIP**

We will be branching out over east to help expand our footprint on a national level.

#### **CHARITY PARTNERSHIPS**

We have the honour of being locked in as the charity partner for several events and fundraisers in 2023.

